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About Us

Del Amo Behavioral Health System provides specialized inpatient behavioral health treatment with 24-hour care for adults, children and adolescents. We offer quality treatment for mental health disorders, substance use, and co-occurring disorders, as well as other trauma-related issues.

The National Treatment Center

Specializing in outpatient and inpatient treatment for:

- Trauma-related disorders
- Military trauma

When you need specialized behavioral healthcare, call us first.

Call 800-533-5266 to schedule a free assessment.



*Individualized
Inpatient Programs*

Serving Children, Teens and Adults

Del Amo Behavioral Health System of Southern California is TRICARE®-certified.

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For language assistance, disability accommodations and the non-discrimination notice, visit our website.

Physicians are on the medical staff of Del Amo Behavioral Health System of Southern California, but, with limited exceptions, are independent practitioners who are not employees or agents of Del Amo Behavioral Health System of Southern California. The facility shall not be liable for actions or treatments provided by physicians.

Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations.

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Improving Our Community's Behavioral Health

Adult Inpatient Services Tailored to Your Needs

Del Amo Behavioral Health Systems provides specialized inpatient behavioral health treatment for adults, children and adolescents. We offer quality treatment for mental health disorders, substance use, and co-occurring disorders, as well as other trauma-related issues.

Treatment program components:

- Daily psychotherapy groups
- Dialectical Behavior Therapy
- Cognitive Behavioral Groups
- Experiential groups
- Process group
- Recreational and activity therapy
- Medication management
- Individualized discharge planning and follow up care in your community
- Psychiatric and medical evaluation upon admission
- Crisis stabilization
- Safe and secure 24-hour supervision

Medical Detoxification Services

The goal of our inpatient program is to help patients achieve sobriety. We foster recovery through a psychoeducational module that features:

- 12-step groups
- Relapse prevention techniques
- Substance use counseling

Youth Services

We serve children and adolescents ages 6 to 17 with crisis stabilization and 24-hour structured supervision by mental health professionals including registered nurses, master's-level therapists and trained mental health counselors.

The program can include:

- Psychiatric and medical evaluation
- Dual diagnosis services
- Study hall
- Daily psychotherapy groups including communication, socialization and anger management groups
- Behavior management
- Recreational therapy and nutrition education
- Discharge planning

Mobile Assessments

Our mobile crisis assessment team services Los Angeles county 24 hours a day, seven days a week. We can arrange free assessments for ER's, board and care facilities, residential treatment facilities, outpatient agencies, clinics and doctors' offices.

